

# Integration & Commissioning for Early Childhood

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# Marmot Report (2010) Fair Society Healthy Lives

- Give every child best start in life
- Enable children young people & adults to maximise their capabilities & have control over their lives
- Create fair employment & good work for all
- Create & develop healthy & sustainable places and communities



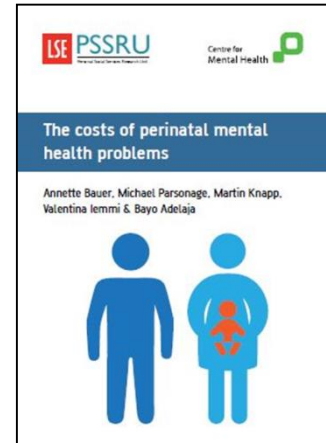
# Early Childhood Commissioning: promoting joined up systems and services

- History of bringing service planning & provision together across agencies
- Range of indicators to measure progress
- Involvement of family & the community in development & delivery
- Multi disciplinary approach with early years education, child care, emotional & physical health
- Positive outcomes for SEND



# Commissioning for Perinatal Mental Health in Hertfordshire

- Set up in response to Hertfordshire CAMHS transformation plan
- In Hertfordshire an est. 3266 woman per year (UCLP Mental Health Needs Assessment)
- Partnership of E&N Herts CCG, Herts Valley CCG and Hertfordshire County Council (Adult, Children's and PH)
- Aim -
  - To increase support for perinatal and Infant Mental health



# Perinatal Joint Commissioning Group

- Partnership between HCC, E&N Herts & Herts Valleys CCGs and Stefanou Foundation to develop a Perinatal Mental Health “Outcome Star” that all professionals & service users can use to evidence change.
- Development of online directory for navigation, advice and guidance
- Successful funding application for NHSE to develop Community Perinatal Team
- On line training for professionals Infant Mental Health (University of Warwick) has increased confidence

# Feedback on Training...

*“it has make me more aware of the needs of the babies within our setting and the importance of our role in supporting these mothers in ensuring their babies' emotional needs are met. I have already recommended that all our staff have the opportunity to access this training.”* **HPFT nurse**

*“ I learnt a fair bit of what happens to a young mind. Strongly encourage anyone interested in children's mental development this course. “* **GP**

*“would describe this course as inspiring and insightful.”* **Family Finding Team, HCC**

*“Whilst there are elements you may already know, the course content has a way of really making you think, and seamlessly links research into everyday practice”* **Team Manager, Specialist and Safeguarding, HCC**

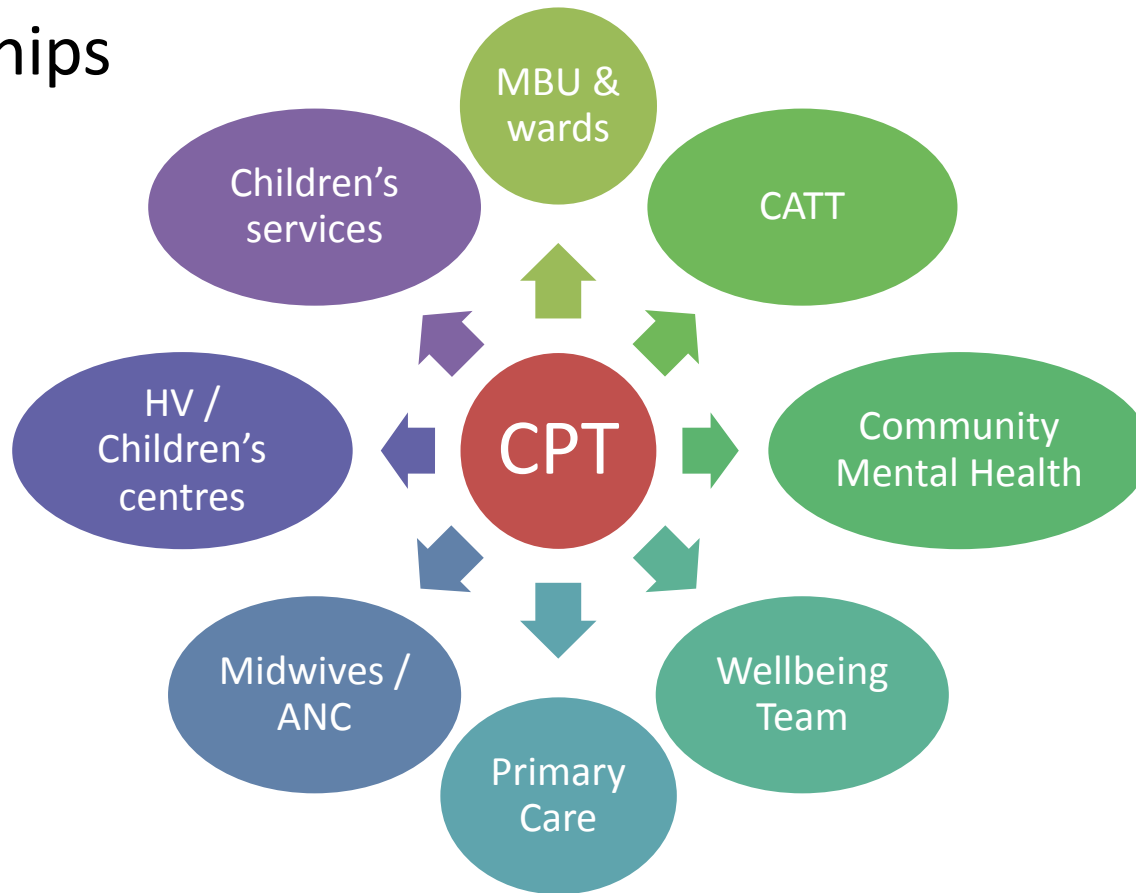


# New Community Perinatal Team

- Delivered through Hertfordshire Partnership University NHS Foundation Trust (HPFT).
- Team will see a minimum of 300 women a year from those with emerging needs through to specialist provision
- To intervene as soon as problems emerge
- Improve outcomes for mothers and babies and plug a much needed gap

# New Community Perinatal Team

## Partnerships





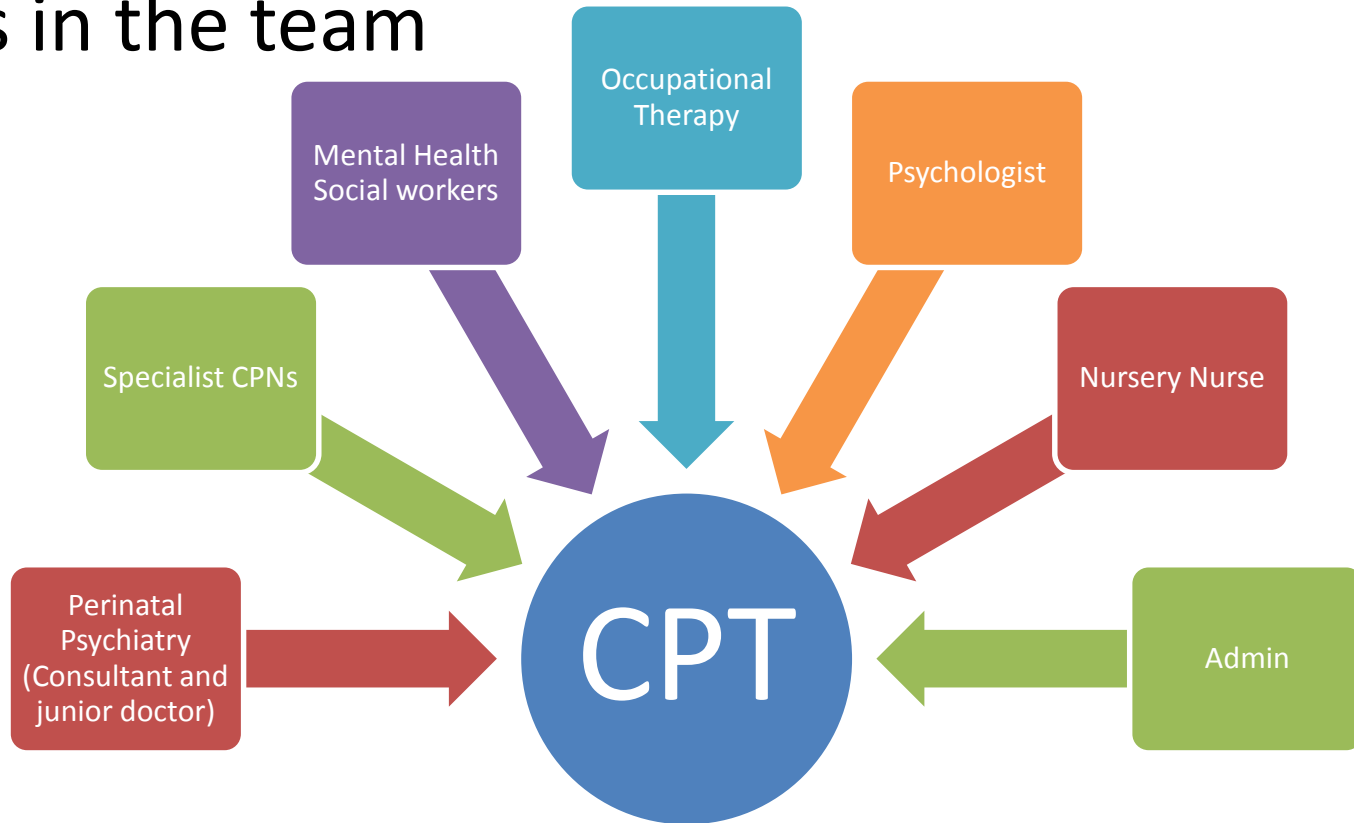
# Progress so far

- Staff all recruited (including 2 previous service users)
- Went live 20 March
- Four care pathways developed
- All key stakeholders aware of team, referral criteria and process
- Partnership arrangements agreed within children center's to allow clinics to be run from family friendly venues



# New Community Perinatal Team

## Who is in the team



# New Community Perinatal Team

## What we will do

|   |   |  |
|---|---|--|
| County wide service from preconception – 1 year postnatal | Preconception Counselling for high risk women | Telephone Liaison for GPs / MW / Obstetricians / HV  |
| Joint Antenatal Clinics                                   | Birth care planning for high risk women       | Assessment / Follow up and Care coordination for new presentations up to 1 year post partum      |
| Specialist psychological interventions                    | Mother-infant therapies                       | Joint working with other mental health teams; antenatal services and liaison with other agencies |

# New Community Perinatal Team

Depression

Anxiety

OCD

Postpartum  
psychosis

Bipolar  
Affective  
Disorder

Psychotic  
illness (incl  
schizophrenia)

PTSD (incl  
birth trauma)

Eating  
disorders

Personality  
Disorders

Self harm

Excluding pure  
substance  
misuse

If in doubt,  
call to discuss



*East and North Hertfordshire  
Clinical Commissioning Group*



*Herts Valleys  
Clinical Commissioning Group*



# Some “tricky” areas??

- Range of Commissioners and funding streams
- Mandates and regulation
- Reducing resources
- Supporting provider creativity
- Changing strategic landscape: STPs; school & education organisation; role of local authority
- Developing the evidence base

